**Thursday 6th Of March to Friday 7th of March**

*Alternative Program- Students will visit the Torquay surf museum if surfing due to bad weather is cancelled*

*Alternative program- If surfing has been cancelled due to weather then an indoor rock climbing in Geelong will be arranged.*

Dear Parent/Guardian,

Surfing is a fun and challenging activity that allows students to demonstrate character strengths in perseverance, participation, patience and positivity (The 4 p’s of surfing) This gives a focus in overcoming difficult situations we may deal with in an experiential and novel way.

**Day 1**

Students are picked up at the Collingwood station and travel to Bancoora beach for a surf lesson at 1pm with Torquay Surf Academy instructor. We settle into the Bancoora SLSC which is the accommodation venue for the night. After the surf session, the group will travel to the Bells Beach and walk the beach. In the evening students will be divided into cooking and cleaning groups and a meal will be prepared. Evening recreational activities inside the venue will occur until bedtime.

**Day 2**

In the morning students have breakfast before having the last surf lesson with TSA instructor. Once finished, students have showers at clubhouse, before cleaning and packing up to leave for Collingwood. Lunch to be prepared in morning and eaten before leaving expected time of arrival at Collingwood is 2.00pm



*Supervision- An Australian Surf Association accredited instructor will take students for two surf sessions at Bancoora beach. Additionally, Operation Newstart Northern (ONN) staff will be surfing and hold a surf bronze qualification required in open water activities. Open water swimming and surfing activities outside of lessons comply with staff student ratios stipulated in the Education department guidelines. Supervision at other times with students will occur at the surf club accommodation including walks at the beach. Female and male ONN staff available to assist mixed gender group.*

Camp Information

Surf Camp

**Clothing and Equipment List**

**Equipment supplied**

 Sleeping bag

 Wetsuit

 Softmal surfboard

 Wet weather gear

 First Aid

**Personal Clothing and Equipment for students to bring**

 1 jumper/fleece/windcheater

 1 pair /bathers

 1 tracksuit pants

 2 t-shirts (1 can be long sleeve)

 1 pair of runners

 1 lightweight shoes i.e. sandals, crocs, thongs to wear in evening

 1 sun hat

 2 pairs of underwear

 2 pairs of socks

 1 towel

**Toiletries**

 Soap

 Toothbrush and toothpaste

 Sunscreen

 Insect repellent

 Face washer/flannel

 Swimming towel

**Personal Equipment**

 Asthma pump if required

 Medication as listed on students medical form or other prescribed medication

 750ml water bottle or 1.5 lt hydration pack

 Sunglasses

 Rash vest (only if student owns one already)

 All food except lunch on first day

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